

## Coronavirus Resilience Calendar 08/04/2020

Red Cross Galashiels: 01896 751888/ email: [CommunityServices@redcross.org.uk](mailto:CommunityServices@redcross.org.uk)

### 1. Coldstream

2. Duns, Chirnside & Greenlaw

3. Eyemouth & Coldingham

4. Earlston, Lauder & Stow

5. Galashiels & Clovenfords

6. Selkirk

7. Melrose & St Boswells

8. Jedburgh, Crailing & Ancrum

9. Hawick, Denholm & Newcastleton

10. Innerleithen & Walkerburn

11. Peebles

12. West Linton

13. Kelso

## 1. COLDSTREAM

Coldstream Covid 19 Comm. Action Group Group:- Telephone 07544 719512 Email [ccactionteam19@gmail.com](mailto:ccactionteam19@gmail.com)

### Food Order/Local info/Deliveries availability

**Keystore (Carmichaels)** Tel: 01890 882413 Volunteers will make deliveries on Keystore's behalf

**G & J Sanderson (Butchers)** Tel: 01890 882348 Free delivery within a 3 mile radius. Open Mon-Sat. 8am-3pm

**The Village Shop. Cornhill** Tel: 01890 883313 Will deliver to Coldstream Open times: Mon - Sat 6.30am - 4.30pm Sun. 8am - Noon

**Coldstream Sweets & Treats** email: [coldstreamsweetsandtreats@hotmail.com](mailto:coldstreamsweetsandtreats@hotmail.com) Fruits & Vegetables with ½ doz. Border Eggs £5.00 collected

## 2. DUNS, CHIRNSIDE & GREENLAW

**Greenlaw & Hume Resilience Community Group** 07368 865252 Email [greenlawhumecc@outlook.com](mailto:greenlawhumecc@outlook.com)

**Duns Community Action Group** Tel: 01361 884935 Email [admin@heartforduns.org](mailto:admin@heartforduns.org)

**Duns RFC Volunteers** call Niki 07891 261015 Email [dunsrfc1878hotmail.com](mailto:dunsrfc1878hotmail.com)

**Chirnside Community Services** Tel: 07873 337790 Email [info@chirnsidecommongood.org](mailto:info@chirnsidecommongood.org)

**Chirnside Common Good "Love Thy Neighbour"** Tel: 01890 819058 or 07793011748

**Ayton Community Council** Tel: 07943 257674

**Gavinton, Fogo & Polwarth** [rescomso-od@gavinton.net](mailto:rescomso-od@gavinton.net)

### Food Order/Local info/Deliveries availability

**Ayton Mini Mart**, Ayton Tel: 01890 781796 Tel orders accepted. Delivery through Comm. Volunteers Del. 8am-7pm

**Blackadder Mini Mart** Tel: 01361 810274 Email [premier-stores.co.uk](mailto:premier-stores.co.uk) opening times: Open 6am-8pm delivery available

**Foston Fine Meats** Duns: Tel. 01361 883260 will deliver within 5 mile radius

**Foodstuffs-Deli** Duns: Tel. 01362 882265 Telephone order service and pick up arrangement

**Gillian Chirnside Newsagents** Tel: 01890 818392 Home deliveries available

**Hemelvaart Bier Café** Ayton Tel: 07377 364266 Meal & Drink Deliveries between 6pm-8pm

**Hoggs Butcher** Chirnside. Tel: 01890 819830 Will take orders, delivery through Community Volunteers

**Jolly Sausage Hot & Cold Food** Duns: Tel: 07821 325996 Dels. to Greenlaw 11.30am Dels. to Coldstream 1.30 pm

### **3. EYEMOUTH & COLDINGHAM**

**Abbey St Bathans      Hamish Goldie-Scot 01361 840224**

**Ayton Community Council      07943 257674      email: [ayton-village.org/welcome](mailto:ayton-village.org/welcome)**

**Blakerstone Resilient Community      Sally Hart      Tel: 01361 840642**

**Cumledge Mill Resilient Community      Pip Chandler 07790 683 701**

**Coldingham Community Services      Tel: Norman 01890 71613/07793 011 748      Volunteer shopping etc**

**Eyemouth Response Team      Tel 07512 573 032/07947 160 865      Community Support Group**

**Eyemouth Community Council      Tel: 07497 160865      Community Support Group**

#### **Food Order/Local info/Deliveries availability**

**Dean Mark      “Eyemouth Butchers”      Tel. 01890 750209      Meals and meat delivery**

**East Berwickshire Food Bank      Tel. 07817 990298**

**Lough’s Home Bakery      Coldingham      Tel. 07845 291 972      Min. order £5.      Free delivery service**

#### 4. EARLSTON, LAUDER & STOW

**Earlston Covid-19 Response Group** [onlineborders.org.uk/community/earlston](https://onlineborders.org.uk/community/earlston)

**Earlston on call co-ordinators Monday – Saturday 9am-11pm Joy Snape 07906 990725**

**11am- 1pm Mags Powell 07918 902778**

**1pm-3pm Norman Catto 07805 879846**

**Lauderdale Resilience Group:- Tel. 0800 009 6238 [lauderdaleRG@gmail.com](mailto:lauderdaleRG@gmail.com)**

**Oxton & Channelkirk Resilience Tel. 01578 208 108**

**Stow Covid-19 Action Group:- Jemma Macvie Tel. 07970 283 407 facebook [JR@eventsandsales.co.uk](https://www.facebook.com/JR@eventsandsales.co.uk)**

#### **Food Order/Local info/Deliveries availability**

**Donaldson & Son** “Butcher” Tel. 01986 849259 delivery available

**Lauderdale Pharmacy Lauder** Tel. 01578 722302 prescription collection and delivery available

**Oxton Community Shop** Tel. 07598 430 050

**Stow Post Office.** Tel. 01578 730225 Bakery products etc., delivery available

**Spud Shed Earlston** Tel: 07495643429/ facebook spudshed ready boxed fresh produce Open Mon-Fri. 9am-5pm Sat. 9 -1pm

**The Spotty Dog Lauder** Tel. 01578 722095 email. [thespottydog.co.uk](mailto:thespottydog.co.uk) Open 9am – 3pm delivery available

## 5. GALASHIELS & CLOVENFORDS

Galashiels & Community Resilience Group:- Contact details 0800 009 6544 Hours Monday – Sunday 9am - 5pm  
messages can be left out of these hours

Clovenfords [Resilience@outlook.com](mailto:Resilience@outlook.com)

Tweedbank Resilience Group 0300 100 1800

### **Food Order/Local info/Deliveries availability**

**AG Wholesale Fruit and Veg** Home Delivery Service contact: 01896 756783 Free Deliveries on orders £10. Or over

**Anderson Fishmonger:** 01896 822162

**Iain Frame Newsagents:** 01835 824834

**Galashiels Food Bank** email: [galashielsfoodbank.co.uk](mailto:galashielsfoodbank.co.uk) St Peters Church

**Lyndsay Grieve Family Butcher** contact 01450 372109 (will take card payments) £10 deals on offer.

**Gary Moore** [moorecateringservices.com](http://moorecateringservices.com)

**Whynot?** Channel Street. Fresh Fruit & Vegetable Shop/delivery:- [info@whynotscotland.com](mailto:info@whynotscotland.com)

## 6. SELKIRK

**Selkirk Response Team: Contact details: 07926 664391. 1 Tower Street. [selkirkresponseteam@btinternet.com](mailto:selkirkresponseteam@btinternet.com)**

### **Food Order/Local info/Deliveries availability**

**Cameron's Oven Fresh Bakery.** 40 High Street. 01750 20373 Minimum delivery order £12.50

**The Fleece,** 01750 725501 email [info@thefleecebarandkitchen.co.uk](mailto:info@thefleecebarandkitchen.co.uk) food deliveries available

**Taylor's Family Butchers** 01750 21550 / [taylorfamilybutcher.co.uk](http://taylorfamilybutcher.co.uk) meat deliveries available

**Three Hills Coffee** contact 01750 22322 e-mail [www.threehillscoffee.com](http://www.threehillscoffee.com) Fresh brewed local coffee Delivery to Selkirk and surrounding area also taking deliveries for other suppliers when required.

**Selkirk Distillers** 01750 725300 email: [info@selkirkdistillery](mailto:info@selkirkdistillery) deliveries available

**JA Waters Butcher:** 01750 20242

**Robbie Pringle "Butcher"** 01450 372523/ [robbiepringle@hotmail.co.uk](mailto:robbiepringle@hotmail.co.uk) price list and menu available

**R L Taxis** 01750 663160/07930004132 Food, prescriptions delivered and collected

**Tonys' Tower** 01750 20272 email [tonystowerselkirk.com](mailto:tonystowerselkirk.com) carry out food delivery available

**Taste of spice** 01750 720210 Indian Takeaway open Thur-Sun 14.30-21.00 Indian Takeaway delivered

**Down to Earth Health** 07773 634884 email [info@downtoearthhealth.co.uk](mailto:info@downtoearthhealth.co.uk) health foods delivery 10 mile radius

**Ettrick Taxis** 07552 752527 Taxi service, food collections, prescriptions uplift and collected

**Honey Cottage Caravan Shop** 01750 62318 free delivery and collection from Cash & Carry to local area

**Three Hills Coffee** 01750 e-mail [www.threehillscoffee.com](http://www.threehillscoffee.com) Delivery to Selkirk and surrounding area also taking deliveries for other suppliers when required.

## 7. MELROSE & ST BOSWELLS

**Newtown St Boswells & Eildon Resilience Community** 0800 0096941 (Lines open 9am to 5pm) email: [newtowncommunityhelp@gmail.com](mailto:newtowncommunityhelp@gmail.com)

**Newstead Village Community** email. [protectnewstead@gmail.com](mailto:protectnewstead@gmail.com)

### Food Order/Local info/Deliveries availability

**Wm Anderson** “Fishmonger” Tel. 01896 822162 Quality fish & shellfish delivery available when spend £10.

**Dalgety Bakers** Tel. 01896 752508 Fresh bakery & pies etc free delivery available when you spend £10.

**Eildon Pharmacy** Newtown Tel. 01835 823732 prescription deliveries and collection

**Iain Frame Newsagents:** Newtown St Boswells 01835 824834 deliver daily perishables 36 hours’ notice required.

**Istanbul Takeaway** Tel. 01896 208435 Fish n Chips and lots perishables available delivery available

**Martin Baird Butcher:** 01896 822016 free home deliveries when you spend £20.

**J M Quality Meats** St Boswells Tel: 01835 822061 Meats and Meals delivered.

**Lawries Service Station** St Boswells Tel: 01835 826431 Free home delivery in St Boswells, Bowden & Maxton.

**Maid by Marion** Tel. 01896 820350 home cooked meals & cakes home delivery available

**Melrose Rugby Ltd** 01896 822993 e-mail [office@melroserugby.org](mailto:office@melroserugby.org) If you are self-isolating or a vulnerable group, players collect your shopping, meds etc.

**Milestone Garden & Leisure** Tel: 01835 825959 from tools to seeds free local delivery with £10.00 spend



**Monte Cassino** Tel. 01896 820082 Take away meals includes, Pizza and Pasta delivery available

**Purple Plum** Tel. 01896 823469 Fresh fruit and veg. collection and delivery by arrangement

**Rak Thai Takeaway** Tel. 01896 822401 Thai cuisine home delivery available

**Rhymers Fayre and Abbey Wines** Tel. 01896 823224 wines beer and takeaway meals delivery available

**Spar** Tel. 01896 823408 All Foodstuffs can be delivered by arrangement

**The Bakehouse** Tel. 01896 822888 bread, rolls and savouries home delivery available

## 8. JEDBURGH, CRAILING & ANCRUM

**Ancrum Community Resilience contact:** [ancrumemergency@gmail.com](mailto:ancrumemergency@gmail.com)

**Jedburgh Resilience Community contact:** 07943 262 460 email [JedResilience@btinternet.com](mailto:JedResilience@btinternet.com) also facebook @Jed Resilience

### Food Order/Local info/Deliveries availability

**Abbey View Café** Jedburgh Tel. 07412 106 745 soups, sandwiches & hot snacks available with delivery

**The Ancrum Pantry** 01835 830258 open 7 days check facebook page for times deliveries available

**Stewarts Bistro** Jedburgh Tel: 01835 268302 email [stewartsbistro.co.uk](mailto:stewartsbistro.co.uk) Hot meals delivered

**A Learmonth Butcher** Jedburgh Tel 01835 869593 email [rbiggsLtd@icloud.com](mailto:rbiggsLtd@icloud.com) meals and meat deliveries available

**Spar** Jedburgh Tel: 01835 862944 Deliveries can be arranged

**Capon Tree** Jedburgh Tel: 01896 869596 email [@thecapontree.com](mailto:@thecapontree.com) Hot meals Thu-Sun. free delivery

**Co-op** Jedburgh Tel 01835 862944 deliveries can be arranged

**Michelles little cake shop** Tel 07412106745 Hot meals delivery can be arranged

**Belters Bar** Jedburgh Tel: 01835 862380 email: [theforrestersrestaurantsb.com](mailto:theforrestersrestaurantsb.com) hot takeaways delivered

## 9. HAWICK, DENHOLM & NEWCASTLETON

**Hawick Resilience Group:- Gordon and Marion Short** [over50s@tiscali.co.uk](mailto:over50s@tiscali.co.uk) M: 07566 733 135. We are continuing to recruit volunteers daily, we now have representatives from Newmill, Roberton & Stobs, if any info is needed for these rural communities please call the number above

**Denholm & District Resilience Group** Lynn; 01450 870593/07950 000813

### Food Order/Local info/Deliveries availability

**Burnfoot Hub Hawick** Tel. 01450 390410 ready made food parcels Free of charge collection & delivery open Mon-Fri. 11am -1pm

**Campbells Newsagents** Tel. 01450 372707 Newspapers delivered

**Copshaw Kitchen** Tel. 013873 75250 Fresh cooked meal delivery available

**Deborah Brown** Tel. 07825 587 132 email. [debroahbcatering@icloud.com](mailto:debroahbcatering@icloud.com) home cooked meals delivered to you

**Denholm Meat Supplies** Tel. 01450 372707 Mobile. 07768 850910

**T Elliot Butchers** Newcastleton 013873 75256 Fresh meat will deliver

**Olive Tree Café** Newcastleton Tel. 013873 75479 Take away menu with fresh bakery products

**Spar Store** Dickson St, 01450 363996 Orders taken

**Spar** Newcastleton Tel. 013873 75361 fresh groceries etc., delivery available

**G Harrow, Bakers:** 01450 375819 Orders taken and delivery can be organised

**Going Native** Heritage Meats: 01450 363331

**Huttons, Butchers:** 01450 372817 Fresh Meat & Ready meals delivered

**Kats Corner Store:** 07522 165572 bakery, meats and newsagency local delivery available

**Robbie Pringle,** Butcher: 01450 372523/email [robbiepringle@hotmail.co.uk](mailto:robbiepringle@hotmail.co.uk) ready meals or 6 for £22.50 or 12 for £45.00

**McColls Tel. 01450 375709 email [mccolls.co.uk](mailto:mccolls.co.uk)** Open 7 days 06:00-22:00

**Morrisons: Tel: 01450 371611** Open 7 days 08:00-20:00 Priority 08:00-09:00 email [morrisons.com](mailto:morrisons.com)

**Sainsburys:** Tel. 01450 552100 Open 7 days 8am – 20.00 email [stores.sainsburys.co.uk/2240/hawick](mailto:stores.sainsburys.co.uk/2240/hawick)

## 10. INNERLEITHEN & WALKERBURN

**Innerleithen Coronavirus Mutual Assistance 01896 888081/email [innerleithen.org.uk/innerscc@gmail.com](mailto:innerleithen.org.uk/innerscc@gmail.com)**

**Walkerburn viral kindness group Lesley Thornton 01896 870251**

### **Food Order/Deliveries availability**

**John Adam Bakery Innerleithen** Tel: 01896 830 338/ 07845 266 516 email: [johnadambakery@outlook.com](mailto:johnadambakery@outlook.com)

Deliveries are available

**The allotment Fruit and Veg Shop** Innerleithen Tel. 01896 830477 email check facebook Mon-Fri 10.00-13.00

## 11. PEBBLES

**Peebles Resilient Community** Paul Spense Tel: 0800 0096709/07501 1500656

**Fountainhall Community Resilience** Tel: 01578 760297/ email. [jjmushlin@gmail.com](mailto:jjmushlin@gmail.com)

### Food Order/Local info/Deliveries availability

**Food Foundation** Peebles Tel: 01721 722421 email [thefoodfoundation.scot](mailto:thefoodfoundation.scot) meals on wheels service

**Forsyths Butchers & Bakers** email. [forsythsofpeebles.com](mailto:forsythsofpeebles.com) meats and meals delivered through Peebles & Cardrona Food pack cost £25.00 open 7am-1pm, on line shopping service for delivery and collection [www.forsythsofpeebles.com](http://www.forsythsofpeebles.com)

**Horseshoe Inn** Eddleston Tel: 01721 730225 email: [horseshoeinnedleston](mailto:horseshoeinnedleston) meals delivered also butchery supplied by William Robertson & Sons Ltd Grocery: George Anderson & Sons

**Broughton Village Shop** Tel: 01899 830465 Hours 9am-4pm Deliveries available

**Boots Chemist** Peebles 01721 720613 prescriptions delivered

**The Orange Shop** Tel. 07922 170842 Open Mon-Fri. 9.00-2pm Fruit & Veg boxes made up and delivered

## **12. WEST LINTON**

### **West Linton Resilience Group Contacts**

David Drummond 07739 243859

Jackie Ledger 07905 011165

Deb McHaffie 07917 806293

Nikki Eatwell 07920 141427

Martha Caddell 01968 660973

Maggie King 07969 097899

Susie Compton 07939 042475

### **Blythe Bridge & Kirkurd**

Margaret Currie 01721 752638

### **Romanno Bridge**

Hannah Lawson 07866 615184

### **Food Order/Local info/Deliveries availability**

**Iain Frame Newsagent** will deliver Milk, Eggs, Bread

## 13 Kelso & District

**Kelso Community Council** Contact: 07385250507

**Heiton Good Neighbour Community:** Tel. 01573-450688

**Kelso Resilience Group** for all food enquiries Mon-Sun. 8am-5pm Tel. 01573 225800/07385250507 email [kelsoresiliencegroup@gmail.com](mailto:kelsoresiliencegroup@gmail.com)

**Yetholm Resilience Group** Tel. 01573 420366/07904 167566 email. [yetholmresiliencegroup@gmail.com](mailto:yetholmresiliencegroup@gmail.com)

**Kelso Shopping** “information” Tel. 01573 450688

### Food Order/Local info/Deliveries availability

**Beercraft** Kelso Tel: 078080 66641 email. [beercraftkelso@gmail.com](mailto:beercraftkelso@gmail.com) deliveries available contact for opening times

**Butcher & Deli delivery Service** Kelso Tel: 01573 223322 Mob. 07585954967

**Café U** Kelso Tel: 01573 225177 email. [hello@cafeu.co.uk](mailto:hello@cafeu.co.uk) health foods and flour contact us for availability and opening hours

**China Red** Tel. 01573 229026 Chinese Takeaway delivery available

**Fillin Station:** Takeaway and delivery. T. 01573-228888 carry out pizza, burgers etc.

**Gill Orde Catering** Tel: 01573 229150 quality meals prepared and delivered telephone for prices and deliveries

**Granny Jeans Butchers** Kelso Tel: 01573 226880 email: [grannyjeans.co.uk](http://grannyjeans.co.uk) Meals & Meats all delivered

**Hunters at Home** 01573 223322 home cooked meals delivery available



**Julians Fruit & Veg.** open 9am-5.30pm contact via facebook collection only

**Kelso Legion** Tel. 01573 224506/ 07894 161 497 shopping & medication uplift delivery

**Kelso Wholefoods** Tel: 01573 225664 email. [kelsowholefoods@outlook.com](mailto:kelsowholefoods@outlook.com) boxed foods to be collected by prior arrangement

**Lemon & Thyme:** Restaurant takeaway and delivery within Kelso Fri & Sat. evenings Tel. 01573-348324

**Natures Way** Tel. 01573 224080 open Mon-Fri. 10am-3pm Sat. 10am-2.30pm Natural foodstuffs, flours etc.,

**The Planet** Kelso open 11am-3pm Tel: 01573 228285 email [ianrendallreid@cheviotyouth.co.uk](mailto:ianrendallreid@cheviotyouth.co.uk) Foods prepped and delivered

**Ozkans Grill** Tel: 01573 229080 take aways collected & delivered

**Paul Burtons Wholesale** Tel: 01573 226007 email. [paulburtondrinns.co.uk](mailto:paulburtondrinns.co.uk) collection only by prior call

**Rendevouz** Tel. 01573 224467 Fish & Chips takeaway please pre-order

**Sainsbury's Kelso** open 8am-8pm Tel: 01573 662120 email: [stores.sainsbury's.co.uk/2255/kelso](mailto:stores.sainsbury's.co.uk/2255/kelso)

**The Town House** Tel. 01573 226699 open Mon-Sun 4pm-10pm full take away menu available

#### Info from Bank of Scotland:

1. New dedicated phone number for over 70s to save them waiting in long queues when needing to speak to someone about their banking. This number is included in letters or emails depending what details the bank have that are sent out to their customers.
2. They have also set up a new service where vulnerable customers can nominate a trusted person for them, whether that be a friend, family member or a volunteer to access cash. The trusted person has to go in to the bank and show a form of ID, the bank will then phone the customer to ensure and verify that the trusted person has indeed been granted access to withdraw cash for the vulnerable individual, once the bank have suitable confirmation, the trusted person can withdraw up to £100 for this individual. This is only available for those who do not bank digitally at present.
3. The bank are currently trying to encourage people who don't have cheque books, to get one as this is a safer way to pay for bills.

## 14 Useful Contact Numbers

- **SBC [www.scotborders.gov.uk/coronavirus](http://www.scotborders.gov.uk/coronavirus) Tel 0300 100 1800 Help and Support**
- Age UK open 8am-7pm daily Call. 0800 6781602
- Age Scotland 9am-5pm Mon-Fri. call 0800 124422
- Alzheimer Scotland Borders: 01573 400324
- Borders Care and Repair: 01750 724895
- Borders Carers Centre: 01896 752431
- Breathing Space Mon-Thurs 6pm-2am Fri. 6am - 6pm 0800 838587
- Chest Heart and Stroke Scotland Mon-Fri. 9.30 – 4pm Tel. 0808 801 0899
- [daren@firstclassdeliveries](mailto:daren@firstclassdeliveries) Tel. 01890 882950 fresh produce delivered
- Duns Social Work Office: 01361 886103
- Food train: 01896 751750
- Galashiels Social Work Office: 01896 664157
- Hawick Social Work Office: 01450 374545
- Kelso Social Work Office: 01573 223501/227977
- Macmillan Services: Kirsty Smith/Clare Irvine 01896 826835 (Cancer Information Support Service)

- Peebles Social Work: 01721 726355
- Queens House: 01573 224886 / 07498799436
- RNIB: Alison Paton-Day 07771940387
- Samaritans 24 hours call. 116 123
- Shout 24 hours daily Text SHOUT to 85258
- Silverline 24 hours daily Tel. 0800 470 8090