



Delivered by Eildon Housing Association

# **BORDERS** **CARE & REPAIR**

August 2025

This Borders-wide service can help with:

- Making your home more comfortable
- Improving the safety and security of your home
- Carrying out handyperson jobs
- Advising on home upgrades and adaptation grant funding

If you are:

- A homeowner over 60 years of age
- A tenant over 60 years of age
- Those of any age with a disability



At Borders Care & Repair we firmly believe that prevention is better than cure. That is why so much of our activity and expenditure is focussed upon falls prevention. For an older person, a fall can be a traumatic event, often with life changing consequences. In recognition of this, Borders Care & Repair have fitted over 40,000 grab rails, have managed major adaptations including stair lifts, level access showers and ramps and completed minor adaptations including overstep rails which have made a significant contribution to keeping our older residents safe.

As well as the physical and mental impact of a fall on the sufferer, there are also financial implications. In the Borders the average length of stay in hospital of someone over the age of 65, who has been the victim of a fall, is 25 days. The direct health costs of a fractured hip is approximately £12,000 with an additional £3,900 in social care costs post-hospital release.

An analysis carried out on the impact of the work that Borders Care & Repair has had in the area of falls prevention, showed a reduction in almost 70% of recorded falls by our customers against the anticipated falls for the over 70's as a whole throughout the Borders.

We have worked closely with our key partner, Scottish Borders Council. This partnership has made a significant contribution to ensuring that older residents of the Borders, continue to live independent and productive lives.

Borders Care and Repair is provided by our team based in Selkirk. A small annual subscription will allow you to join the 'Handyperson Club'. They can then visit you in your own home and provide any of the services below. The lists are not exhaustive so please give us a call, if we can help, we will. There is no limit to the number of visits.

## HANDY PERSON SERVICE

This service, provided by our experienced handyperson, will help you to live in comfort, safety and security by carrying out small DIY tasks.

- Home safety check
- Fitting light bulbs
- Fitting smoke alarms or battery changing
- Repairs to door or window locks
- Replacing tap washers or unblocking sinks
- Fitting of curtain rails or curtain hanging
- Picture hanging

## ADAPTATIONS SERVICE

If you would like information and advice regarding this service, please contact Borders Care & Repair directly.

An Occupational Therapist within Care & Repair can assess both your need for an adaptation and if you are eligible for this service. If your needs are wider than adaptation provision, Care & Repair Occupational will signpost you to the relevant services.

### **Are you able to safely access your bath?**

If not, we can help by fitting grab rails through to complete level access shower adaptations.

### **Do you feel safe on the stairs?**

You may qualify for additional banister rails or stair-lift installation.

### **Do you use a wheelchair or struggle to access your home?**

You may qualify for ramped access.

If an adaptation is required to meet your needs, Care & Repair will oversee the process to have work completed. You may qualify for funding towards an adaptation you need.

## HOME IMPROVEMENTS ADVICE

This service provides advice on improvements and repairs which would be essential to bring your home up to basic standards. All work is arranged and supervised by our trained staff.

- Rising/penetrating damp
- Replacement of lead piping
- Electrical rewiring
- Window Replacement





## Supporting and Strengthening our Communities



Borders Care & Repair work closely with our key partner Scottish Borders Council



The copy content of this brochure is available at a larger size

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